

**Worksheet #6**

(Friday, January 16, 2026)

**Name****Questions (5 pts):**

Express momentum (and position, if you get to (b)) operators in terms of raising and lowering operators and use the number representation to calculate:

- (a) Expectation value of the momentum operator when the quantum harmonic oscillator is an energy eigenstate  $|n\rangle$ , i.e.

$$\langle P \rangle = \langle n | P | n \rangle =$$

- (b) **If you have time:** expectation value of position operator-squared in an energy eigenstate  $|n\rangle$ , i.e.

$$\langle X^2 \rangle = \langle n | X^2 | n \rangle =$$